

Lebanon Square Circlers

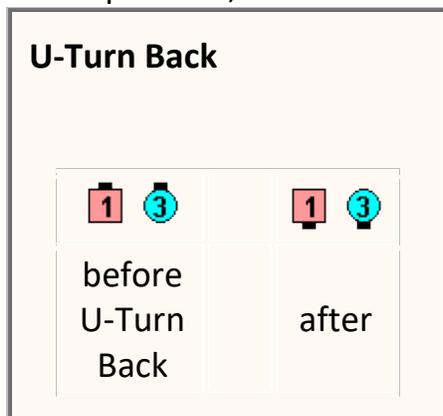
Mainstream Class Notes October 16th, 2002

The following definitions can be found at: ceder.net/def/class_notes.php

The moves we taught Sunday are:

U-Turn Back

Turn 180° in place (to face the opposite wall).
When possible, turn toward the adjacent dancer.



Box the Gnat

Starting formation - facing dancers (man and lady). Dancers step forward, join and then raise their right hands. The lady steps forward and does a left-face U-Turn Back under the raised joined hands, as the man walks forward and around the lady while doing a right-face U-Turn Back. Dancers end facing each other, each in the other's starting position. *Do not hold hands* with the people across from you at the end of the move.

STYLING: Start with a handshake position. The joined fingers must be held so that the man's fingers may turn over the lady's fingers easily while still providing some degree of security or stabilization.

Star Thru

From Opposite-Sex Facing Dancers.

Boy raises right-hand palm out, patty-cake style; Girl raises left-hand palm out, patty-cake style. Touch hands, walk forward into the other dancer's starting position, while turning 1/4 (Boy right, Girl left) such that the Girl goes under the Boy's raised arm. At completion of the call, lower joined hands to waist level and form a normal handhold.

Ends in a couple, facing 90° from starting direction.



Run

From a Line of 3 or more. Designated dancers Run past n dancers, who individually move one position toward the designated dancer's original starting position.

Couples Circulate

Each couple takes the place of the couple in front of them. If there is no couple (in the square) in front of them, they turn the corner of the square and end up facing in. The move ends with two couples attached, one facing in, and one facing out.

Step to a Wave

To **Step to a Wave**, two dancers who are directly facing simply walk forward, without turning, and take right hands. It is exactly as if they started to do a **Pass Thru**, but stopped halfway through. Instead of passing right shoulders, they just stop there and take hands.

Usually this call is done by facing couples. The result is four dancers lined up shoulder to shoulder. The dancers who were originally facing take right hands with each other, and the two who stop in the middle take left hands with each other. This kind of formation, with dancers lined up facing in alternating directions, is called a "wave".

Swing Thru

The call **Swing Thru** is normally done in a wave of four dancers. First those who can *within that four-dancer group* turn by the right. Then those who can *within that four-dancer group* turn by the left. This is true even if there are two four-dancer waves end-to-end, forming a "tidal wave". The dancers in each half stay in their own half.

Chain Down the Line

This call starts from a right-handed two-faced line or a left-handed wave, most commonly with girls in the center. The center dancers trade (turning 1/2 by the right) and then do a Courtesy Turn with the dancer from the other end of the line/wave.

Each end dancer will form a couple with the center dancer who was originally in the other half of the line/wave, and the two couples will be facing each other.