

# Lebanon Square Circlers

Mainstream Class Notes October 23rd, 2002

The following definitions can be found at: [ceder.net/def/class\\_notes.php](http://ceder.net/def/class_notes.php)

The moves we taught Sunday are:

## Girls Run

Starting formation - any two-dancer formation in which the directed dancer has a shoulder directly adjacent to the other dancer. GENERAL RULE: The directed (active) dancer moves forward in a semicircle (180°) around an adjacent (inactive) dancer to end in the adjacent dancer's starting position. Meanwhile, the inactive dancer, who may be facing in any direction, adjusts by stepping (without changing facing direction) into the vacated starting position of the active dancer. The active dancer doing the run has reversed his original facing direction. (a) BOYS RUN, (b) GIRLS RUN, (c) ENDS RUN, (d) CENTERS RUN: The directed (active) dancers Run around the inactive dancers using the general rule. STYLING: Hands should blend into handhold required for following formation (i.e. wave or line).

## Veer Left

(a) LEFT (b) RIGHT - Starting formation - facing dancers, facing couples, mini waves or two-faced lines. Two facing couples working as a unit, or two facing dancers move to the left (or right, as directed) and forward to end in a two-faced line or mini wave respectively. From a mini wave or a two-faced line, the veering direction must be toward the center of the mini wave or line. Each dancer, or couple working as a unit, moves forward and inward to end back to back with the other dancer or couple respectively. STYLING: All dancers use couple handhold. Outside hands in normal dance position..

## Couples Circulate

The couple facing the back of another couple moves forward together into their place. The couple facing out of the square turns the corner and takes the place of the couple who had been standing to their right.

## Wheel and Deal

Starting formation - line(s) of four facing in the same direction or a two-faced line.

(a) WHEEL AND DEAL (from a line of four). The left hand couple only takes a step forward. The couples wheel (180°) toward the center of the line with the center dancer of each couple acting as the pivot point about which the couples turn. The couple that started on the right half of the line wheels in front of the other couple. Both couples end facing the same direction with the original left hand couple standing behind the original right hand couple.

(b) WHEEL AND DEAL (from a two-faced line): Each couple steps straight ahead one step. Each couple then wheels (180°) toward the center of the line with the center dancer of each couple acting as the pivot point about which the couples turn. Couples end facing each other.

STYLING: Use couple handholds. Inside dancers serve as the pivot point and should exert slight pressure to assist as in any wheel around movement. TIMING: 4 steps.

## Lead Right

*Dance action:* Directed couple(s), working as a unit, move forward along a 90 degree arc to face the couple (or wall) to their right.

*Ending formation:* Couple

*Styling:* A couple handhold is maintained throughout the call.

## Circle to a Line

Starting formation - facing couples. Couples circle left one half (180°). The lead dancer in the couple who started on the inside (man's position) releases the left handhold, but retains the handhold of the dancer on his right to become the left end dancer of the line. The released dancer moves forward under the raised arm arch formed by that dancer and the adjacent dancer to become the right end dancer in the line.