

Lebanon Square Circlers

Plus Class Notes February 5th, 2023

The following definitions can be found at:

ceder.net/def/class_notes.php

The Plus moves we taught last Sunday are:

Acey Deucy

Center 4 Trade while the others Circulate.

Grand Swing Thru

1. Those who can Right Arm Turn 1/2;
2. those who can Left Arm Turn 1/2.

Always start with the *Right* hand.

Ping Pong Circulate

Ping Pong Circulate should be envisioned as two separate Circulate paths. There is an inside path and an outside path. As one movement, Extend once and the new Ends U-Turn Back. Outside dancers move to the inside ending in a right-hand wave. Inside dancers end up on the outside, both facing in.

Linear Cycle

1. Hinge;
2. Leaders Fold behind Trailers (who do not adjust);
3. Any Shoulder Double Pass Thru;
4. Peel Off in direction of Shoulder Pass.

Ends in Facing Couples. This is a 4-part call.

Peel Off

As one movement, Leaders flip 180° away from the center of the 4-dancer formation and *step forward if necessary*, as the Trailers *step forward if necessary* and U-Turn Back by turning away from the center of the 4-dancer formation.

Coordinate

Starting formation - Columns. TIMING - 8

All dancers Circulate once and a half. The center six (three adjacent pairs) Trade (turn 180°). The very center two dancers release handholds and walk diagonally outward to the end of the forming lines. The two lonesome dancers walk ahead, moving in a quarter circle, to become the other ends of the forming lines.