

Lebanon Square Circlers

Plus Class Notes February 25th, 2024

The following definitions can be found at:

ceder.net/def/class_notes.php

The Plus moves we taught last Sunday are:

Explode the Wave

(From waves only) - Starting formation - Any 4-dancer ocean wave. TIMING - 6
Everyone releases handholds, steps forward and turns a quarter in (90°) to face the adjacent dancer, and right hand pull by that person, to end as couples back-to-back.
STYLING: A handshake hold is used as the dancers right hand pull by. For position orientation, hands are joined in a couple handhold at the completion of the call.

Explode and Anything

(From waves only) - Starting formation - Any 4-dancer ocean wave. Everyone releases handholds, steps forward and turns a quarter in (90°) to face the adjacent dancer, and does the (Anything) call (e.g., Right & Left Thru, Star Thru, etc.).

Peel the Top

Starting formation - box circulate or Z-Formation. TIMING - 6
The lead dancers Peel Off as the trailing dancers step straight forward and take adjacent hands; everyone then does a Fan the Top.
STYLING: Lead dancers have arms in natural dance position and adjust hands to appropriate position for next call. It is important that dancers move slightly forward before starting the "peeling" motion. Trailing dancers use hands up position and styling as described in the basic Swing Thru.

Relay the Deucey

From Parallel Waves or Eight Chain Thru (in which case dancers first step to Parallel Waves).

1. Arm Turn 1/2;
2. Center 4 Arm Turn 3/4 as Others 1/2 Circulate;
3. Wave Of 6 Arm Turn 1/2;
4. Center Wave Of 4 Arm Turn 1/2 as Others (do a Big) Diamond Circulate;

5. Wave Of 6 Arm Turn 1/2;
6. Center Wave Of 4 Arm Turn 3/4 as Others move up.

Ends in Parallel Waves.

Fan The Top

From a Wave, Facing Couples, or other 4-dancer applicable formation.

From Facing Couples, first Step To A Wave. Centers Arm Turn 3/4 as Ends move up 1/4 around the center of the 4-dancer formation.

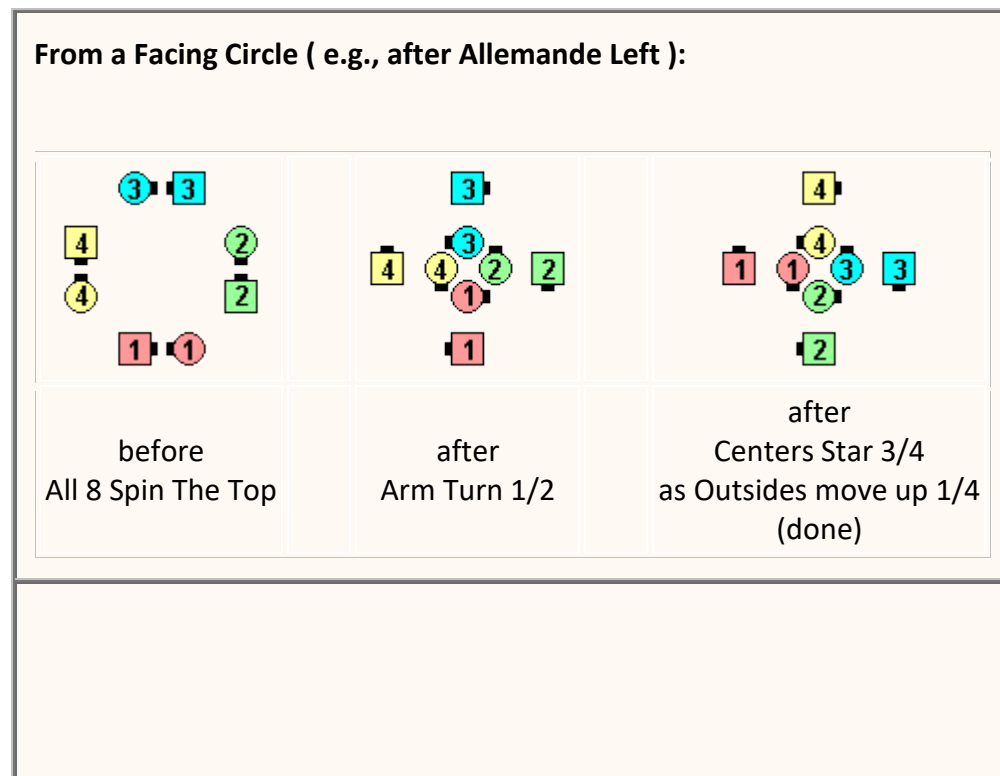
A Wave or Facing Couples ends in a Wave.

All 8 Spin the Top

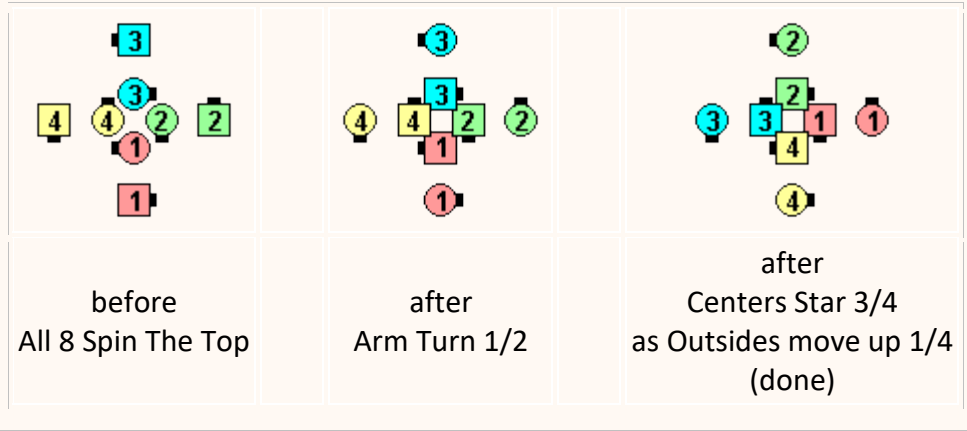
From a Thar, facing circle, or other applicable formation.

1. All Arm Turn 1/2 (to end in a Thar);
2. Centers Star 3/4 as Outsides move up 1/4 around the outside.

Ends in a Thar.



From a Thar:



Notes:

- Start and end with the same person. That is, everyone ends next to the person with whom they originally did the Arm Turn 1/2.