

# Lebanon Square Circlers

Plus Class Notes February 26th, 2023

The following definitions can be found at:

[ceder.net/def/class\\_notes.php](http://ceder.net/def/class_notes.php)

The Plus moves we taught last Sunday are:

## Spin Chain the Gears

Starting formation - Parallel Ocean Waves. TIMING - 24

Each end and the adjacent center dancer turn one-half ( $180^\circ$ ). The new centers of each ocean wave turn three-quarters ( $270^\circ$ ) to form a new ocean wave across the set, as the other four dancers do a U Turn Back (turning in toward the center). The centers of the wave Trade and then release hands with each other. Four dancers on each side of the square now form a four-hand star and turn the star three-quarters, forming a new wave across the set. Centers of this wave Trade momentarily reforming the wave across the set. The two outside pairs of dancers of the center wave now turn three-quarters ( $270^\circ$ ) as the other four dancers turn back (turning away from the center).

## Follow Your Neighbor

Starting formation - Box Circulate. TIMING - 6

Dancers facing in release hands with the person next to them (their "neighbor") and step straight forward, join adjacent forearms with the one they meet, and turn three-quarters ( $270^\circ$ ) to become centers of a new wave. At the same time, the dancers facing out follow their "neighbors" by moving forward in a three-quarter looping turn ( $270^\circ$ ), turning towards their "neighbor" to finish adjacent to their "neighbor" as the ends of the new ocean wave.

When done from right-hand boxes, the dancers facing in turn by the right hand and the dancers facing out loop around right-face, to finish in a left-hand ocean wave. When done from left-hand boxes, the dancers facing in turn by the left-hand and the dancers facing out loop around left-face, to finish in a right-hand ocean wave.

STYLING: The facing in dancers use a forearm turn in the center, blending into hands up position as they meet their "neighbor" in the ocean wave. To enhance the flowing action of the dance, facing out dancers execute a flowing three quarter looping turn as opposed to an abrupt spot turn.

### **Follow Your Neighbor and Spread**

From parallel waves: Those facing in step forward and arm turn 3/4 by adjacent arms, then spread apart. Those facing out Split Circulate and then step and turn into the nearest center position in the new parallel waves. Right hand waves finish as right hand waves.

### **Anything and Spread**

If only some of the dancers are directed to Spread (e.g., from a static square, Heads Star Thru & Spread), they slide apart sideways to become ends, as the inactive dancers step forward between them.

If the (Anything) call finishes in lines or waves (e.g., Follow Your Neighbor), the centers anticipate the Spread action by sliding apart sideways to become the new ends, while the original ends anticipate the Spread action by moving into the nearest center position.

If the (Anything) call finishes in tandem couples (e.g., Wheel & Deal from a line of four), the lead dancers slide apart sideways, while the trailing dancers step forward between them.