

SQUARE DANCE LESSON 10

Further notes and definitions can be found at https://www.ceder.net/def/class_notes.php and <https://www.tamtwirlers.org/taminations/#/?main=LEVELS>

Moves Taught:

Double Pass Thru (taught last week)

1st couple left, 2nd couple right

Centers in / cast off $\frac{3}{4}$

Circulates:

Boys, girls, ends, centers, all 8

Scott Back

Double Pass Thru

This movement begins with columns, two couples facing one wall, two couples facing the opposite wall (Double Pass Thru formation).

- A.) Dancers will walk single file past the ones looking at you, passing two right shoulders.
- B.) Slide back together and join inside hands with your original partner (of this move).

Tip: Everyone passes the ones you are facing. The dancers on the left side should adjust to their left one body width to allow enough space for those in the center to comfortably pass by each other.

1st couple go left, 2nd couple go right

- A.) As a couple, with one side as a pivot, wheel the given direction to look at the wall behind you. If you are instructed to go left, the person on the left is the pivot, while the person on the right walks to the left turning 180 degrees; if you are instructed to go right, the person on the right is the pivot, while the person on the left walks to the right 180 degrees.
- B.) Take hands quickly after completing the action to establish formations.

Note: Don't go too far, only a two wall change, not three (I always try to go too far or not far enough).

Centers in / cast off $\frac{3}{4}$

Centers In

- A.) Ends move apart.
- B.) Center dancers step forward between the end dancers, ending in a line.

Cast Off $\frac{3}{4}$

- A.) Each half of the wave or line works as a unit and moves forward around a pivot point three quarters.
- B.) If the adjoining dancers are facing the same direction, the end dancer becomes the pivot while the other dancer moves in a semi-circle around the pivot.
- C.) If the adjoining dancers are facing in opposite directions, the pivot point is the handhold between them and they move equally around that pivot point.
- D.) If the dancers are facing the same direction the handholds will be the same as couples. If they are facing opposite directions, the handholds will be up as in waves.

Tip: Each half of the wave or line works as a unit. You are going to hold on to your partner as you do this move. If you start in a wave, you will end in a wave; if you start in a line, you will end in a line.

Circulates (couples, boys/girls, ends/centers, all 8 circulate, box, split, single file) – These moves start in waves, columns, lines and two-faced lines.

GENERAL RULE: Directed dancers move forward along the circulate path to the next position. Ends remain Ends, Centers Remain Centers. Dancers move forward to the next like position, not to the next person.

Couples Circulate - Each couple works as a unit, continuing to hold inside hands, and moves forward to the next position, following the General Box circulate path. If you are in a two-faced line, and you are looking out, as a couple you will rotate, pivoting on the inside person, to now look into the square, taking the place of the couple that was next to you. The inside dancer joins hands (right or left depending on the direction of the line) with the inside dancer of the couple next to them. If you are looking in, as a couple move forward into the position in front of you; you are now looking out

Note that although couples usually follow the couple ahead and end in their footprints, sometimes couples are going in opposite directions around the Circulate Path and must pass each other by the right shoulder.

Boys/Girls and ends/centers Circulate – When specific boys/girls or ends/centers circulate is called, the dancers will stay on the track they are on, staying on the outside or the inside.

When boys/girls/ends are on the ends of lines/waves, they will move forward to take the boy/girl/end spot that is in front of them on the track. So if you are an end and are looking in, move forward to the next end position, rejoining inside hands with the new person next to you. If you are an end and are looking out, move forward, walking in a wide 180-degree arc, ending up in the next end position looking in, rejoining inside hands with the new person next to you. As an end, you will have one hand in the hand of the dancer next to you and one hand will be free.

When boys/girls/centers are in the center of lines/waves, they will move forward to take the boy/girl/center spot that is in front of them on the track. So if you are a center and are looking in, move forward to the next center position, rejoining hands with the new dancers next to you. If you are a center and are looking out, move forward, flipping into the vacated spot next to you, ending up in the next center position looking in, rejoining hands with the new dancers next to you. As a center, you will have both of your hands in the hands of the dancers next to you.

All 8 circulate – For all 8 circulate, all dancers move at the same time, continuing to be centers or ends, and moving into the position vacated by the dancer in front of them. If you are looking out, move towards the next position to become an in-looking dancer. If you are an end looking out, you will make a wide 180-arc to take the place of the next end dancer; if you are a center looking out, you will flip into the position next to you. If you are looking in (at the back of someone's head), you will move forward to take the place in front of you. Remember to rejoin hands with the dancer(s) next to you.

Box Circulate – For a box circulate, only four designated dancers are moving. Working in your box of 4, move forward to take the place of the dancer in front of you. If you are looking at the back of someone's head, move into that dancer's position; if you are looking out, flip to take the dancer's spot that was next to you.

Split Circulate – For a split circulate, all eight dancers will be moving, working in two groups of four. In your own group of four, without crossing the center line of the square, move forward to take the place of the dancer in front of you. If you are looking at the back of someone's head, move into that dancer's position; if you are looking out, flip to take the dancer's spot that was next to you.

Single File Circulate – This move starts in a column. If you are looking at the back of someone's head, move into that dancer's position; if you are looking out, flip to take the dancer's spot that was next to you.

Tip: Think about being on a track. You are moving forward along the track.

If you are holding right hands (right-hand wave), these moves will move to the right; if you are holding left hands (left-hand wave), these moves will move to the left.

Scoot Back

- A.) If you are an in-facing dancer, diagonal to another in-facing dancer, move forward with your inside hand extended to meet the other in-facing dancer.
- B.) With forearms clasped (try to always use a forearm turn for this move, it keeps the dancers steady), turn with each other a half turn.
- C.) When you are looking back to the line you started on, move forward into the spot just vacated by your original partner.
- D.) If you are an out-facing dancer, flip into the spot just vacated by your partner. You are now an in-facing dancer (the caller may call another scoot back right after the first one, so you are now in the position to be the in-facing dancer of the next scoot back).

Tip: This move always starts and stops with the same partner, same hands together, you have just switched places with each other.