

SQUARE DANCE LESSON 6

Further notes and definitions can be found at https://www.ceder.net/def/class_notes.php
and <https://www.tamtwirlers.org/taminations/#/?main=LEVELS>

Moves Taught:

Right & Left Thru (taught last week)
Partner Trade
Trade By
Dive Thru
Pass to the Center
U Turn Back
All Around Left Hand Lady
See Saw Your Own

Right & Left Thru

With the person in front of you, right handshake and pull by, doing a pass thru, passing right shoulders, and courtesy turn with your “original” partner.

Tip: You have now traded places with the couple you were just across from. This move becomes fluid once you get the mechanics of it down. Ladies to help the Men along, just after passing right shoulders with the person in front of you, bring your left arm up to be ready for the courtesy turn; this should alert him that a courtesy turn is needed.

Partner Trade

This move is basically a California Twirl with no hands.

The dancers will turn towards each other with the lady (or right-hand dancer) going in front of the man (or left-hand dancer).

They will do a U-turn back with a sidestep of sorts, ending in the opposite direction in their partner’s place.

Tip: A slight swing back of the connected hands sets the movement in motion.

Trade By

A.) The outfacing couples do a partner trade.

B.) Centers pass through, passing right shoulders to the other side.

Tip: If you are facing someone, pass through; if you are not facing someone do a partner trade.

Dive Thru

This move starts with facing couples.

A.) The couple whose backs are to the center of the square (the “Centers”) raise their arms forming an arch and move forward while the outsiders duck under. They are now the outside dancers.

B.) The outside dancers “dive” into the middle while holding hands and are now the Centers.

C.) The new outside dancers do a California twirl to complete their movement.

Tip: When forming the arch, you do not have to keep hands held over the diving dancers. It is especially hard to keep hands held when one dancer is much taller than the other. Just slide apart and back together and finish with a California twirl.

Pass to the Center

This move starts with two couples facing, one couple in the center facing out and the couple on the outside facing in.

- A.) The couples will pass thru, passing right shoulders.
- B.) The dancers who are now on the outside will do an automatic partner trade. They are now facing towards the inside.
- C.) The original outside couple is now inside the center facing the center of the square.

Tip: If you become the new outside couple, don't forget to partner trade.

The word "center" reminds you that everyone must end facing towards the center.

U-Turn Back

While turning in the direction of your partner, do a 180-degree turn (about face). You are now facing the opposite wall.

All Around Left Hand Lady – Starting formation is a circle

1. All Dancers face your corner.
2. Walking forward and around each other, keeping right shoulders adjacent, walk in a full circle.
3. Dancers return to face their partners.

Tip: This move is similar to a right-arm turn, but without hands.

See Saw Your Own – Starting formation is a circle

1. All Dancers face your partner.
2. Walking forward and around each other, keeping left shoulders adjacent, walk in a full circle.
3. Return to your original position

Tip: This move is similar to a left arm turn, but without hands

When the two moves "Walk around the left-hand Lady, See Saw your own" are combined, Dancers are doing a figure eight movement.