

SQUARE DANCE LESSON 7

Further notes and definitions can be found at https://www.ceder.net/def/class_notes.php
and <https://www.tamtwirlers.org/taminations/#/?main=LEVELS>

Moves Taught:

Alamo Style (Swing Thru/Left Swing Thru)

Ocean Wave (Dosado or Step To)

Swing Thru (Ocean Waves)

Runs & Trades: Boys / Girls / Ends / Centers

Double Pass Thru (this was not included on the printed handout last week)

Hinge (this was not included on the printed handout last week)

Alamo Style (Swing Thru/Left Swing Thru)

Alamo style is a formation of an even number of dancers in a circle holding adjacent hands and with each dancer facing in an opposite direction to that of the adjoining dancers.

Typically this move starts with an "allemande left your corner, go alamo style."

At the end of the allemande left, slide your hand out to meet your corner's hand, palms together, fingertips point up. Now shift slightly to meet your partner's right hand with palms up and fingertips pointing up. The circle now has four dancers facing in and four dancers facing out.

To swing through in this position, everyone starts with a half turn with their right hands. Drop your corner's hand and turn with your partner a half-circle, giving your left hand to the next dancer, keeping right hands connected with partner.

Then you will do a half turn with the dancer you are holding left hands with, giving your right hand to the next dancer and keeping your left hand connected.

You should be looking in or out as you were at the beginning of the swing through.

For a left swing thru, you will do the opposite of above, beginning by turning with your left hand, and then your right.

Ocean Wave (Dosado or Step To)

"Ocean Wave" refers to a 4-dancer formation.

There can be right-handed ocean waves (most common) or left-handed ocean waves.

Dosado to a wave:

1. Dosado with the person in front of you until you are back to facing that person.
2. Each dancer steps forward right shoulder to right shoulder joining right hands. The hands should be open, palm to palm, fingers point towards the ceiling.
3. The center dancers connect left hands in the same way. (This is a right handed wave).

Step to a wave:

1. Each dancer steps forward right shoulder to right shoulder joining right hands. The hands should be open, palm to palm, fingers point towards the ceiling.
2. The center dancers connect left hands in the same way. (This is a right handed wave).

Tip: A caller may just say “swing thru” without giving the call to step to a wave. It is the same movement, just step forward into a wave and do an immediate swing thru, as described below.

Swing Thru (Ocean Waves)

- A.) Dancers in the wave turn with right hand one-half (180°).
- B.) Then the dancers who can, turn by the left one-half (180°).
- C.) If you are on the ends standing still, step in place to mark time.

Tip: The action always starts with the right trade unless the caller says LEFT Swing Thru, then the action starts with a left.

Runs & Trades: Boys / Girls / Ends / Centers

Run:

- A.) The dancer doing the running will end facing the reverse direction. If the caller says, “boys run” the men will step forward, go around their current partner, turning 180° and ending on her opposite side, now facing the opposite direction they started.
- B.) The runee dancer just slides over to take her partner’s previous position, without turning around.

Tip: When running around someone, the same shoulder is always nearest the one getting the run around.

This is an action where dancers can go from ends to center and from centers to ends.

Cross Run:

- A.) On Cross Run the designated dancer must run around the furthest dancer, not the near dancer, crossing by the center of the formation. (Tip: The movement is done in the direction you are facing. If you are in a right-handed wave, you will step forward, passing the center with your right shoulder to the other end of the wave. You are now facing the opposite direction you started.
- B.) The runee dancer just slides over, without turning around.

We have Ends Run, Centers Run, Boys Run, Girls Run and Cross Runs for each of the same possibilities.

Trades:

Previously, we learned trades, below is a refresher on what we previously learned. We can now do trades from Ocean Waves.

Trades, Men/Ladies/Ends/Centers/Couples

In a trade situation, the appointed dancers will trade places with each other.

1. Men trade: If the men are on the end of a line, they will walk to the opposite end of the line, taking the other man's spot; if they are in the center of the line, with hands touching, and continuing to hold hands with each other, they will drop their hand held with their partner, and will walk forward 180 degrees taking the other man's spot.
2. Ladies trade: If the ladies are on the end of a line, they will walk to the opposite end of the line, taking the other lady's spot; if they are in the center of the line, with hands touching, and continuing to hold hands with each other, they will drop their hand held with their partner, and will walk forward 180 degrees taking the other lady's spot.
3. Ends Trade: Whomever is on the end of the line, they will walk to the opposite end of the line, taking the other end dancer's position.
4. Centers trade: Whomever is in the center, with hands touching, and continuing to hold hands with each other, they will drop their hand held with their partner, and will walk forward 180 degrees taking the other center's position.
5. Couples trade: This is a funny one! The center dancers of the line will stay connected and will continue to hold their partner's hand. Everyone will walk forward 180 degrees and each couple will end in the other couple's position.

Double Pass Thru – This movement begins with columns, two couples facing one wall, two couples facing the opposite wall (Double Pass Thru formation).

- A.) Dancers will walk single file past the ones looking at you, passing two right shoulders.
- B.) Slide back together and join inside hands with your original partner (of this move).

Tip: Everyone passes the ones you are facing. Most dancers will do a double clap when this move is called.

The dancers on the left side should adjust to their left one body width to allow enough space for those in the center to comfortably pass by each other.

Hinge – Any two dancers or couples who can trade can also hinge.

Single Hinge: Designated Dancers (it could be all dancers, boys, girls, centers) turn $\frac{1}{4}$, keeping a hold of near hands and pivoting on that handhold.

Couples Hinge: This move starts with lines or two faced lines. Working as a unit, the center dancers keep hold of hands, dancers move forward $\frac{1}{4}$ turn.