

## SQUARE DANCE LESSON 5

Further notes and definitions can be found at [https://www.ceder.net/def/class\\_notes.php](https://www.ceder.net/def/class_notes.php)  
and <https://www.tamtwirlers.org/taminations/#/?main=LEVELS>

### Moves Taught:

California Twirl

Couples Star

Trades, Boys/Girls/Ends/Centers/Couples

Boys/Girls Promenade

Wheel & Deal

Couples Circulate

Right & Left Thru

### California Twirl

A.) Don't grip the hands.

B.) Man turns right face, lady turns left face.

C.) Man raises joined hand with partner, palm upward, moving forward around the lady while she rotates her fingers in the man's palm and twirls under the arched hands to face the wall behind; each dancer moves handhold back to normal dance position.

D.) This move ends looking at the wall that was behind you.

Tip: The lady knows where her head and hands are, so she should lift her own hand far enough to avoid her head. If she is not comfortable raising her arm, or if the man's arms are not long enough, the dancers should slide out of the handhold, and gesture with fingertips at an imaginary arch.

### Couples Star

A.) Dancers touch right/left palms (whichever is instructed by Caller) with the couple they are facing. Hands should be open, palm to palm with the elbows slightly bent and the fingers pointed towards the ceiling.

B.) Turn the star in their facing direction (right-handed goes clockwise, left-handed goes counterclockwise).

C.) Listen carefully, the caller could say star 1/2, 3/4, or full.

D.) If the caller says to star halfway, before starting the move, notice the position of the same sex of the other couple. When you reach that point, the star will have turned halfway.

E.) If the caller says to do a full star (usually called as star by the right/left), doing a full turn will return the dancers to their starting position.

### Trades, Boys/Girls/Ends/Centers/Couples

In a trade situation, the appointed dancers will trade places with each other.

1. Boys trade: If the boys are on the end of a line, they will walk to the opposite end of the line, taking the other boy's spot; if they are in the center of the line, with hands touching, and continuing to hold hands with each other, they will drop their hand held with their partner, and will walk forward 180 degrees taking the other boy's spot.

2. Girls trade: If the girls are on the end of a line, they will walk to the opposite end of the line, taking the other girls spot; if they are in the center of the line, with hands touching, and continuing to hold hands with each other, they will drop their hand held with their partner, and will walk forward 180 degrees taking the other girl's spot.
3. Ends Trade: Whomever is on the end of the line, they will walk to the opposite end of the line, taking the other end dancer's position.
4. Centers trade: Whomever is in the center, with hands touching, and continuing to hold hands with each other, they will drop their hand held with their partner and will walk forward 180 degrees taking the other center's position.
5. Couples trade: This is a funny one! The center dancers of the line will stay connected and will continue to hold their partner's hand. Everyone will walk forward 180 degrees, and each couple will end up in the other couple's position.

Tip: Remember, your partner may be constantly changing throughout the dance. If you are the left-handed dancer, your partner is on the right; if you are the right-handed dancer, your partner is on the left. This comes into play when a caller calls a centers trade and you may now be mm/ff formation.

### Men/Lady Promenade

Men/Ladies step into the center of the square and promenade (walk) counterclockwise following the man/lady in front of you until you return to your home position.

Tip: This is like a star by the right or left in the center, you are just not joining hands in the center, and it is always walked counterclockwise. (Up until typing this, I had no idea what direction to go, I always just hoped the other ladies knew what they were doing, and I would follow them).

### Wheel & Deal

From Out-facing lines and Two-Faced lines (this move is completed as couples).

From Out-facing lines - The couple on the left steps forward and out a bit to give room for the right-hand couple to move into the center. Then each couple wheels 180 degrees toward the center of the original line, with the original center dancers acting as the pivots about which the couples turn. The couple that started on the right ends in front of the other couple. Adjust your position so that you are lined up with the couple in front of you. This move ends in a double-pass thru position.

From Two-Faced lines – Each couple steps forward and then wheel (around) 180 degrees toward the center of the line, with the original center dancers acting as the pivots. Adjust your position so that you are lined up with the couple in front of you. You will end up facing the couple you started with. This is often referred to as “wheel and deal to face those two.”

Tip: This move is referred to as the little wheel  
Do not cross the center line (that would be a Ferris wheel)

### Couples Circulate

Each couple works as a unit, continuing to hold inside hands, and moves forward to the next position, following the General Box circulate path. If you are in a two-faced line, and you are looking out, as a couple you will rotate, pivoting on the inside person, to now look into the square, taking the place of the couple that was next to you. The inside dancer joins hands (right or left depending on the direction of the line) with the inside dancer of the couple next to them. If you are looking in, as a couple move forward into the position in front of you; you are now looking out

Note that although couples usually follow the couple ahead and end in their footprints, sometimes couples are going in opposite directions around the Circulate Path and must pass each other by the right shoulder.

### Right & Left Thru

With the person in front of you, right hand shake, pass thru, passing right shoulders, and courtesy turn.

Tip: You have now traded places with the couple you were just across from.