

## SQUARE DANCE LESSON 2

Further notes and definitions can be found at [https://www.ceder.net/def/class\\_notes.php](https://www.ceder.net/def/class_notes.php)  
and <https://www.tamtwirlers.org/taminations/#/?main=LEVELS>

### Moves Taught:

Square Thru (3, 4, and 5 hands)  
Courtesy Turn  
Veer Left and Right  
Two Ladies Chain  
Four Ladies Chain (and  $\frac{3}{4}$ )  
Chain Down the Line  
Swing

### Square Thru (3, 4, and 5 hands)

- A.) Step towards the person in front of you. Shake right hands, pull by and turn in.
- B.) Step toward the new person in front of you. Shake left hands, pull by and turn in.
- C.) Step toward the new person in front of you. Shake right hands, pull by and turn in.
- D.) Step toward the new person in front of you. Shake left hands, pull by and stop!

Tip: If the Caller says square thru, this means square thru 4. Otherwise listen to the Caller for direction on how many hands to square thru.

The Caller may say square thru half, this means two hands.

The last hand (2, 3, 4, 5, etc.) is always a pull by and go straight ahead.

### Courtesy Turn

- A.) Join left hands Man palm up, Lady palm down.
- B.) Lady placed her right hand behind her back as a target for the man to reach for.
- C.) As a couple, left face wheel around to face in.
- D.) Do not grip hands.

Tip: The phrase "And a Quarter More" can be used after Courtesy Turn, which adds an additional 90 degrees to the turn.

The phrase "Full Turn" can also be used, which would cause couples to turn a full 360 degrees.

### Veer Left and Right

- A.) Veer Left: Holding on to your partner's hand and working as a unit, slide forward and sideways to the left until the right hand dancer of each couple can join right hands.
- B.) If you are in a left-handed, two-faced line, slide forward and sideways to the left until the two couples are back to back.
- C.) Veer Right: Holding on to your partner's hand and working as a unit, slide forward and sideways to the right until the left hand dancer of each couple can join left hands.
- D.) If you are in a right-handed, two-faced line, slide forward and sideways to the right until the two couples are back to back.

Tip: These moves are diagonally forward. Do not let go of partner's hand during the movement.

### Two Ladies Chain

- A.) This is generally called for either the head ladies, or the side ladies.
- B.) The designated ladies move toward the center of the square and give a right hand to pull by heading to the opposite man.
- C.) The man holds up his left hand and moves toward the lady for a courtesy turn. This move has the man doing a full turn and the ladies a half turn.
- D.) The move ends with the ladies moved across the square from their original position.

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Notes were partially gathered from the following: <https://callerlab.org/callerresources/teaching-resource/>

### Four Ladies Chain (and $\frac{3}{4}$ )

- A.) Four ladies move to the center for a left-handed star.
- B.) If the Caller says, "four ladies chain," the ladies turn the star one-half, ending across the square from where they started.
- C.) The man across from them holds his left hand up for a courtesy turn. The man does a full turn, while the lady does a half turn.
- D.) If the Caller says, "four ladies chain  $\frac{3}{4}$ ," the ladies turn the star, passing by their corner ( $\frac{1}{4}$ ), pass their opposite man ( $\frac{1}{2}$ ), to the third man ( $\frac{3}{4}$ ) (the man who was on the left of her original partner).
- E.) The man holds his left hand up for a courtesy turn. The man does a full turn, while the lady does a half turn.

Tip: This move is similar to two ladies chain.

If a lady wants to, she may use her right hand to hold the right side of her skirt as she is turning inside the square.

### Chain Down the Line

- A.) This move begins (today) with couples in a two-face line, with the ladies' right hands connected.
- B.) The ladies will drop hands with their partners and will trade with each other holding on to right hands.
- C.) The men will turn slightly towards the ladies and will hold their left hand up to them for a courtesy turn.
- D.) They will do a full turn to face the couple they were just in a line with.

Tip: Chain down the line can be done from two-faced lines, left-handed waves, two faced lines, tidal two-faced lines, and tidal left-handed waves.

### Swing

- A.) Step forward to designated person and get in a ballroom dance position, as if you were going to do a waltz, ending with right side to right side, creating a pivot point.
- B.) Man places right hand gently on Lady's left waist. Man's left hand is extended outward, elbow slightly bent.
- C.) Lady places her left hand on Man's right shoulder and her right hand in the man's extended left hand.
- D.) Both moving in a forward direction around the pivot point and walking forward around each other, turn at least a full turn until the man is facing the promenade direction.
- E.) The lady ends on the man's right side, rolling off the arm after the swing. Or, twirl out.
- F.) This move generally ends in a promenade, but could end with a circle left (be sure to listen to the Caller).
- G.) If you are uncomfortable with the swing or get dizzy, place your hands in a promenade position, your partner will catch on.